



Alma Mater

The Official Newsletter of Government Dental College & Research Institute Alumni Association, Bengaluru

EVENTS OF JUNE 2022- MAY 2023

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Message from the Dean and Director

Dr Sahana Srinath



As the Director of our institution, I have witnessed the profound impact of our alumni community on our college.

Their financial support has enhanced our facilities, introduced cutting-edge programs, and provided scholarships. Through mentorship, workshops, and guest lectures, our alumni have guided students in their careers.

Our alumni's dedication to volunteering has fostered a strong sense of community and collaboration. Their participation in events and community service has enriched the college experience.

During my tenure, we have hosted impactful events such as the unveiling of Dr. S Ramachandra's statue, the inauguration of a mobile dental van, and the opening of a molecular biology lab and Laser research centre.

We organized a plantation drive at Deepika School and celebrated International Yoga Day. The Guruvandana program honored the medical college faculty for guiding dental students. These events have strengthened the bond between our alumni and students.

Congratulations to the alumni association on the publication of this magazine, which highlights alumni achievements and our community's collective strength. Thank you to our alumni for your unwavering support and dedication, profoundly impacting our students and shaping them into future leaders.

Dr. Sahana Srinath

Dr Girish B Girradi



Government Dental College and Research Institute, Bangalore has consistently retained its position in the top 10 dental colleges of the country. The college has always been in the forefront in providing quality dental education and patient care. It is indeed a privilege to serve my Alma mater as the Dean and Director since 2019.

The first oration of the Dr S Ramachandra endowment lecture series was a huge success events like Graduation day, Women's day and White coat ceremony were celebrated with a lot of efforts by staff and students

During the Covid-19 surge, the Department of Oral and Maxillofacial Surgery played a key role in treating Mucormycosis cases. Additionally, the Department of Prosthodontics conducted a free denture camp, rehabilitating over 40 patients in one day.

Our alumni are invaluable, contributing significantly to various college activities and financial aid. I extend my gratitude for their support and commend Dr. AV Ramesh for the innovative Vrutti Parichaya program.

Reconnecting with alumni and seeing the revival of newsletters and memories is truly fulfilling.

Best wishes for future programs.

Dr. Girish B. Girradi

Message from the Honorary Secretary



I'm delighted to step into the role of Secretary for the GDC Alumni Association, excited to build upon the incredible efforts that have already been made to bolster our community since June 2022. We have introduced programs such as the "Vrutthi Parichaya" series and Career Development and Enhancement (CDE) programs, offering valuable insights and skills to our students.

Additionally, guest lectures and mentorship have flourished, shaping the careers of many.

Our community service initiatives, including a plantation drive and denture camp, have made a significant impact, showcasing our unwavering commitment to giving back and serving the community.

I must also acknowledge the invaluable support of Benevolent Foundation, our senior alumni members, and donors, whose contributions have been instrumental in our success.

In this edition of "Alma Mater," read about these activities and inspiring alumni stories. Stay engaged and contribute to our vibrant community.

Looking ahead, we're planning more innovative initiatives to keep our global alumni network connected and engaged.

Your involvement is crucial to our success, and I look forward to meeting many of you at our upcoming events.

Warm regards,
Dr Namita Shanbhag
Secretary, GDCRIB Alumni Association

Editor's Desk



It is indeed an honor that has been bestowed upon me - this humongous responsibility of being the Editor of the prestigious Alumni association of Government Dental College and Research institute, Bangalore and it's a privilege to pen down this message for the 'Alma Mater- Events of 2022-23'. For months I was floundering about, without a clue how to get this gigantic task done. Then there were missed deadlines, a plethora of new things that had to be learnt, accumulating and organizing news and events, minute errors to find and correct, so that the entirety can be showcased in a meaningful way. But many thanks to our past editor and present dynamic secretary of GDCRI Alumni association Dr Namitha Shanbag whose help and guidance have been crucial in bringing out this magazine. The heart and soul of this newsletter is our alumni- whose stories, events, passions and pursuits I would love to share with you all in this magazine. My heartfelt gratitude to Dr Sahana Srinath, Former Dean and Director, GDCRI for her valuable inputs, Dr Girish B Giraddi, our ever-supportive Dean and Director, GDCRI, President of Alumni association Dr CN Shastry, Treasurer Dr (Capt)Suresh and all the EC members for their support. Special thanks to Dr AV Ramesh sir and other senior alumni members for having faith in me about completing this arduous task. I hope each issue of the newsletter reminds us of how impactful alumni is and gives a glimpse of their support rendered towards college, staff and students. As the editor of this Alma Mater, I am thoroughly enjoying my journey and nothing else could be more gratifying than our readers enjoying it too! Coming up shortly- 'Alma Mater- Events of 2023-24' Thank you all and happy reading!

Dr Nagarajani Prakash
Editor
GDCRIB Alumni association

Office bearers and Executive Committee



Alumni Activities of 2022

Dr S Ramachandra statue unveiling and other inauguration celebrations – 25.04.2022

Government Dental College and Research Institute, Bangalore and GDCRI Alumni association celebrated the inauguration of the new mobile dental van, Laser Research Centre at Dept of Conservative dentistry and and the new Molecular Biology lab at Dept of Oral and Maxillofacial Pathology. Honorable Minister of Medical Education Dr K Sudhakar inaugurated the same and also unveiled the statue of Dr S Ramachandra at the garden of GDCRI. Honourable Member of Parliament Sri PC Mohan graced the occasion.

The event was successful under the able leadership of Dean and Director Dr Sahana Srinath, President of Alumni association Dr Ramachandra Prasad, Secretary Dr Soorya Poduval and Treasurer Dr SK Srinath.



21.06.2022 International Yoga Day

The International Yoga Day celebration was organized by the NSS unit of GDCRI in association with GDCRI Alumni Association and IDA Bengaluru chapter on 21st June 2022.

The event kickstarted with a formal inauguration by the Dean cum Director Dr. Sahana Srinath, NSS program officer Dr. Uma, IDA President Dr. Utkarsh, GDCRI Alumni Association President Dr. C. N. Shastry and Secretary Dr. Namita Shanbhag.

A talk on "Arogyakke Yoga" was given by Dr. Nagashree, Reader, Department of Public Health Dentistry, V.S. Dental College and MSc, Yoga therapy.

An insight was provided into the importance of yoga on physical and mental health. Different Yogasanas and Pranayama techniques were demonstrated by the resource person Ms. Neha Dugar, a certified Yoga instructor from Sri Sri school of Yoga.

This was followed by an energetic practice session in which many staff and students actively participated.



12.07.2022 Guest Lecture

A lecture on 'Advances in maxillary cancer and reconstruction, and dental education- a UK perspective' was given by Dr Kishore Shekhar, Consultant, Dundee, UK



As an aim to control global warming and spread awareness on the importance of clean environment, tree saplings were planted at Deepika Vocational centre, Jnana Kendra, Talaghattapura, Bangalore by the Dean and Director Dr Sahana Srinath, NSS team and alumni members. The saplings were donated by Dr CN Shastry, President, GDCRIAA. Oral health education was also provided to the school children by the Dept of Public Health dentistry and Dept of Pedodontics



30.07.2022 Felicitation

The distinguished alumni members were honoured and felicitated by GDCRIAA and BAP-Bangalore academy of Periodontology.

Dr Jayakara S.M for taking over as the Hon'ble Vice Chancellor of Bangalore University and **Dr SK Srinath** for being appointed as Non official Independent Director, Board of Indian Medicines Pharmaceutical corporation Ltd (IMPCL), Ministry of Ayush, GOI.

The other alumni members felicitated were Dr AR Pradeep, Dr Ramachandra Prasad and Dr Uttamchand Khincha.



13.08.2022 - 15.08.2022 - To Travel... is to live !



The GDCRIAA organized a fun filled family tour to Kimmane Golf resort at Shimoga from 13/08/22 to 15/08/22.

With the soothing nature around and a beautiful stay it was a vacation to cherish.

11.09.2022 Meet and Greet!

GDCRIAA hosted a lunch for Dr Laxman Prasad, alumnus from the USA at Builder's NGV Club on 11/09/22



Guruvandana



Gratitude is a simple yet powerful thing!

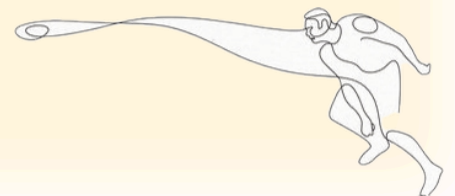
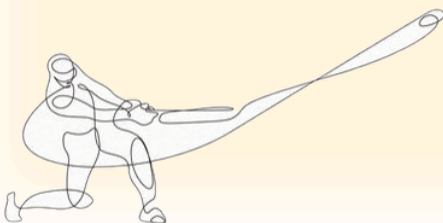
The faculty of BMCRI who are incharge for teaching basics and clinicals on the medical side for the BDS students were honoured and felicitated for their effort and dedication shown in guiding the students.



Sponsorship for National level Inter Dental Cricket championship



An Alumni member who passed out in 2002 sponsored cricket gear for the GDCRI cricket team



18.11.2022 - Dr S Ramachandra endowment lecture



An innovative idea conceptualized during centenary celebrations in February 2021. President Dr CN Shastry welcomed the gathering and Dr KS Nagesh gave a brief insight on the Endowment lecture. Dr Pratima Murthy, Director of NIMHANS was the Chief Guest of the programme.

Senior alumnus, Dr Jayanth Kumar, Director of Bureau of Dental health, New York state health dept was felicitated and he delivered the endowment lecture on 'Elevating oral health in a State's agenda.' And conducted a workshop on 'a review of fluoride and neurotoxicity studies: future research'.

Major general Dr Balakrishnan Jayan was felicitated and he addressed on 'Military dentistry: history, impact and relevance'.

Former dean and director Dr Sahana Srinath and the present dean and director of GDCRI, Dr Girish B Giraddi were also felicitated. Dr CV Mohan briefed on the activities of benevolence foundation and free textbooks were distributed to the students.

22.11.2022 - Face to face interaction between alumni and students

The students of GDCRI interacted with the esteemed and senior alumni members and were given an opportunity to express their views and concerns in college. This was followed by a guest talk by Dr Kiran Kumar N, Professor and HOD, Dept of Conservative dentistry, Bangalore.



Alumni Activities of 2023

01.02.2023 - Guest Lecture

Guest lecture by Dr Ashok Kumar B R, Former Vice-principal, KLE Institute of dental sciences, Belgaum on 1/2/2023.



GOVERNMENT DENTAL COLLEGE AND RESEARCH INSTITUTE BANGALORE.
DEPARTMENT OF PUBLIC HEALTH DENTISTRY & GDCRI ALUMNI ASSOCIATION

GUEST LECTURE BY



Dr Ashok Kumar B R
Former Vice Principal of KLE VK Institute of Dental Sciences, Belgaum.

The lecture will be held on 01-02-2023 under the topic "THE SECRET OF LIFE AND LIVING WELL", mainly addressing the 1st BDS students. Staff and students are cordially invited for the program.

Topic
The secret of life and living well.

06.02.2023 - Guest Lecture

Guest lecture by Dr T Samraj, Former Associate Director, Christian medical college, Vellore on 6/2/2023.



GOVERNMENT DENTAL COLLEGE & RESEARCH INSTITUTE, DEPARTMENT OF PUBLIC HEALTH DENTISTRY & GDCRI ALUMNI ASSOCIATION

GUEST LECTURE BY



Dr T. Samraj
BDS, MDS, FAKS, FDS RCPS (Glasgow), FDS RCS (Edinburgh)
Former Associate Director
Christian Medical College, Vellore

The lecture will be held on 06-02-2023 under the topic "ROADS WE PAVED IN PUBLIC HEALTH DENTISTRY 1967-2001" addressing staff and students inclined in public health practice. All are cordially invited for the program.

Time: 2 pm onwards
Venue: Prof D K Venkatraman Hall (AV Hall), II Floor
GDCRI, Bangalore

Topic
The roads we paved in Public health dentistry: 1967 to 2001

03.02.2023 - Guest Lecture

Guest lecture by Dr Manjunath Rajashekhar, Director of simulation clinic and senior lecturer, James Cook University, Cairns, Australia on 3/2/2023. He is also the Director and principal dentist, Clifton family dental, Clifton beach, Australia.
Topic: 'Oral health career perspectives in Australia and New Zealand- An insight and way forward'



14.03.2023 - Yuva Parva Sports

Yuva parva 2023- the Annual sports meet was held at Sree Kanteerava stadium on 14th March 2023 under the guidance of Dean & Director Dr. Girish B Girradi & sports chairperson Dr. S.K Vishwanath. This outdoor event witnessed active participation from staff, students and Alumni.



Denture Camp 17.03.2023

An in-house denture camp was conducted by the Dept of Prosthodontics led by Dr. Prema in association with Alumni. Around 40 patients were rehabilitated with complete dentures. Senior alumni Dr SS Hiremath, Dr. C.N Shastri, Dr Ramachandra Prasad, Dr Prafulla Thumati, Dr Giri, Dr Nagendra Kumar, Mr Jagadish Hallikere, Mr Nagarajaiah and others participated in the camp.

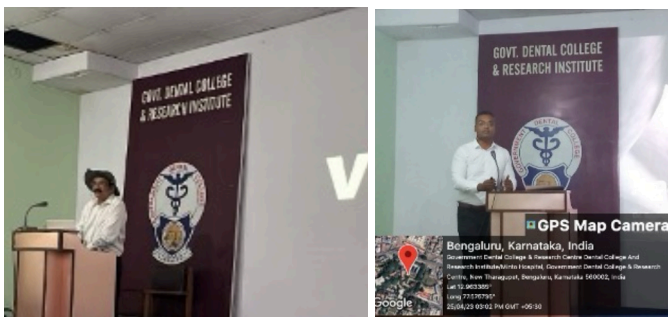


Workshop

A workshop and hands-on program on 'The art of scientific writing' was conducted by the Dept of Public health dentistry with Alumni association of GDCRI Bangalore. The speaker Dr Betsy Joseph from Glasgow University delivered an insightful lecture.



CDE Program



A CDE program was organized on 25th April 2023. The speakers were Dr CN Shastri, President of GDCRI Alumni association, spoke on 'Human value development' and Dr Sourabh T J Assistant Professor, Dept of Conservative dentistry gave a lecture on 'Analytical skills'

Guest Talk

A Guest talk was organized by the Dept of Oral and Maxillofacial surgery in association with Alumni association of GDCRI Bangalore. The speaker was Dr Anil Kamisetty, Clinical Lead, Faculty lead for trainees, Clinical Governance lead, Lead for Medical and Dental students, NHS Wales, delivered a lecture on 'What's next?'



Yuva Parva - The Cultural Fest

The cultural fest Yuva Parva – Indian Cinema was celebrated with a lot of zest and fervor from 27th March 2023 for five days. The Director of regional institute of Ophthalmology, BMCRI graced the occasion as Chief Guest for the inauguration. As an innovative idea by the chairperson Dr Savitha Naik, many of the young energetic alumni members of GDCRI were invited as judges for most of the events. They indeed felt privileged and were delighted to reminisce their good old days!



Vrithi Parichaya

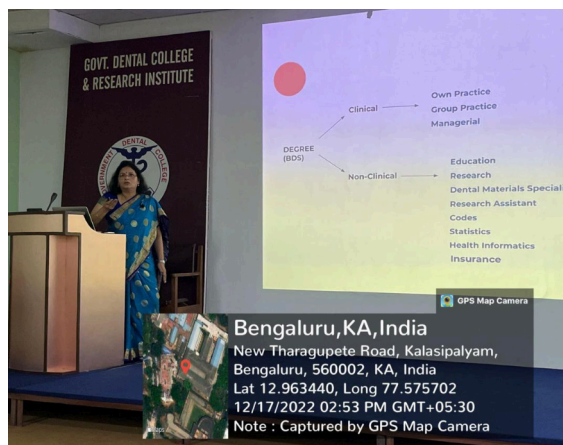
19.11.2022 - Vrithi Parichaya I



To cater to the dilemma faced by the interns... 'What shall I do next?' an innovative program conceptualized by senior alumnus **Dr AV Ramesh** came into force that would guide them following their graduation. An impactful insight on career options and ethics would be provided to them by many experienced speakers. The first of the series saw **Dr AV Ramesh & Dr Uttamchand Khincha** discussing few valuable suggestions.

17.12.2022 - Vrithi Parichaya II

The second of the series on career guidance was given by senior alumnus **Dr Vaidehi Ranganath**.



17.12.2022 - Vrithi Parichaya III



Government Dental College & Research Institute, Bengaluru



Government Dental College & Research Institute, Bengaluru Alumni Association

VRUTHI PARICHAYA-SERIES(III)

Guest Talk

Topic- Future Roadmap for the Young Dentist



Dr A Kumaraswamy
BDS, MDS (Perio)

He has been credentialled by the International Congress of Oral Implantology as their DIPLOMATE in 2003.

He has brought Perio Aesthetics to the forefront of modern dental practice in India.

He is a founder member of the Indian Academy of Aesthetic and Cosmetic dentistry & is instrumental in teaching and training a newer generation of dentists.

His passion for teaching and disseminating knowledge learned from his experience and attendance at conferences, seminars & courses abroad, has made him an accomplished, sensitive & sought after speaker.



The Dean, the President & Office Bearers of GDCRI Bengaluru Alumni Association Cordially Invite all the Undergraduate, Interns and Post-Graduate students to this informative guest lecture

Date- 17-05-2023
Time- 2.30 PM - 3.30 PM
Venue-Prof B K Venkataraman Hall(AV Hall), II Floor
Government Dental College & Research Institute, Bengaluru

Contact- Vruthi Parichaya Program Coordinator - Prof Dr A V Ramesh, Internal Auditor, GDCRIB AA

The speaker **Dr A Kumaraswamy**, a renowned Periodontist and the founder member of the Indian academy of Aesthetic and Cosmetic dentistry gave a lecture on 'Future roadmap for the young dentist'

Generous contributions

Dr Ashok Kumar B R, Former Vice-principal, KLE Institute of dental sciences, Belgaum contributed Rs 10000, the interest of which will be given as an award for the topper every year in the subject of Public Health dentistry.



Dr Ravishekhar, senior alumnus, donated a Cricket mat worth Rs 17000 for the college cricket team.

Dr Murali Mohan, son of former Principal Dr BK Venkatraman has contributed a deposit of 5 lakh rupees, the interest of which will be awarded to two Best teachers, one from GDCRI and one among the medical faculty of BMCRI every year. The best teacher will be chosen through voting by the students and interns of the college.

A thank-you to Dr CV Mohan for his consistent efforts in bringing a smile to many of the needy and deserving students through the Benevolence committee of Alumni association. Free textbooks and scholarships are provided to the students eligible for the same.



Obituary

An excellent academician, clinician and an administrator, **Dr Latha Anandakrishna** was from the BDS batch of 1992 at GDCRI, Bangalore. She went on to complete her masters in Pediatric dentistry at AB Shetty dental college, Mangalore and PhD in 2016. She also received her FAIMER fellowship in 2021. She was the Dean of Academics at the MS Ramaiah university of Applied Sciences. She departed to heavenly abode on 1st July 2022



Dr Y Mruthyunjaya, pioneer in the renovation of AV hall of GDCRI left us on 3rd March 2023 and a prayer meet was held in his memory on 10th March 2023.



Dr Shivaratna Savadi, Former Principal of GDCRI, Bangalore, Former Director of Medical education and the Founder President of GDCRI Alumni association departed to heavenly abode on 12th February 2023. A condolence meeting in her memory was held at GDCRI on 21st February.



*“Cherishing memories that last a lifetime!
And forever connected through our Alma Mater!!”*